



MAX Impact Class Schedule

BOBCATS (Kids 3 to 4)

Monday 3:00 PM

PANTHERS (Kids 5 to 7)

Monday 4:30 PM

Tuesday 4:00 PM

Wednesday 4:30 PM

Thursday 4:00 PM

Saturday 10:00 AM

JAGUARS (Kids 8 to 12)

Monday 4:30 PM

Tuesday 5:00 PM

Wednesday 4:30 PM

Thursday 5:00 PM

Saturday 10:00 AM

Kickboxing (Teens and Adults)

Monday 11:00 AM and 6:00 PM

Wednesday 11:00 AM and 6:00 PM

Saturday 11:00 AM

BRAZILIAN JIU JITSU (Teens and Adults)

Monday 12:00 PM and 7:00 PM

Wednesday 12:00 PM and 7:00 PM

Saturday 12:00 PM